

RAINBOW LACES 2019: Reception and Key Stage 1 England and Wales. P1 to P3 Scotland.

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Reception and Key Stage 1 – England and Wales

P1 to P3 – Scotland

Learning Objectives

EYFS: To be able to control a football AND To be able to take turns with others

KS1: To show improvement in controlling a football AND To take turns in asking relevant questions

Activity	Duration	Details	Resources
1. Introducing Jodie and Emma	20 min	<p>Show children a photo of Jodie Taylor and Emma Kete. Tell children that not only are they married, they do the same job as each other.</p> <p>Play '20 questions' with the children. They should ask questions that help them work out what job Jodie Taylor and Emma Kete do.</p> <p>Discuss that Jodie plays football for England and Emma plays football for New Zealand.</p> <p>Explain that today we're going to be like Jodie and Emma and practice our football skills.</p> <p>Children get changed for PE.</p> <p>Whilst children are getting changed, you could play this montage video from the Women's World Cup 2019.</p>	<p>PowerPoint:</p> <ul style="list-style-type: none"> • Rainbow laces • football • PowerPoint <p>PE equipment:</p> <ul style="list-style-type: none"> • Footballs • Cones <p>Key words:</p> <ul style="list-style-type: none"> • Married • Love • Lesbian • Gay • Football • Women • Team <p><i>Adapted resources if required: Audible footballs</i></p>

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		<p><i>Accessibility note: If children in your class are unable to access football activities, you could instead consider some basketball skills based activities, with your lesson focussing on Candice Dupree and DeWanna Bonner who are a married couple who have both played basketball professionally. See the PE planning in our Rainbow Laces – SEND activities plan for basketball activities and a fact sheet on Candice Dupree and DeWanna Bonner.</i></p>	
2. Warm up	10 min	<p>Children run around the hall or a specified part of the playground, listening for the following instructions.</p> <p>Kick off: Run around Penalty: Stand still Goal: Do a dance Wall: Get in groups of 3</p>	
3. Stay in control	10 min	<p>Use the cones to set up six 5m x 5m squares. Split the children into 6 teams, allocating them each to a square.</p> <p>Staying in their square, they should practice moving around the space with ball. Start off at a walking pace and increase to jogging and running if they are ready to. Children should be careful not to bump into each other!</p>	
4. Team work	10 min	<p>Each team should stand in a circle. Children should pass the ball to a team mate across the circle. Encourage them to take a touch to control the ball and then use their standing foot to help them</p>	

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		control the direction of the ball when they kick it.	
5. Team work challenge	5 min	Challenge children to see how many times they can pass the ball amongst their team without losing control of it. Remind them that everybody has to be included and have a chance to pass the ball. What is the highest score they can achieve?	
6. Cool down	5 min	Lead the children through a series of stretches to cool down. As they are stretching, ask them to reflect on the skills they have used and how they relate to the sports that the different LGBT sports people play. Ask some children to share their thoughts.	